



# FAST FACTS: THE COVID-19 VACCINES AND PREGNANCY

**There is a lot of misinformation out there about COVID-19 Vaccines and pregnancy. Let's address some of the known facts!**

**The COVID-19 vaccines are safe before, during, and after pregnancy.**

Vaccination during pregnancy is recommended by the American College of Obstetricians and Gynecologists (ACOG) and the Centers for Disease Control and Prevention (CDC) to provide protection against severe COVID-19 illness.

**Pregnant people are at a high risk for severe illness and complications if they develop COVID-19.**

Getting severely ill with COVID-19 during or after pregnancy may significantly increase risk for hospitalization requiring a ventilator, complications during pregnancy, preterm birth, or stillbirth.

**There is no evidence to suggest the COVID-19 vaccines cause birth defects, miscarriages, preterm birth, still birth, or other complications.**

However, COVID-19 illness has been known to cause these complications.

**It is safe to get vaccinated if you are breastfeeding.**

Breastmilk may transfer antibodies to your child to help protect them from COVID-19 infection until they are eligible for vaccination at 6 months old.

**Resources:**

[COVID-19 Vaccines While Pregnant or Breastfeeding \(cdc.gov\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html) | <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>

[Pregnant and Recently Pregnant People | CDC](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html) | <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html>

[The COVID-19 Vaccine and Pregnancy: What You Need to Know | Johns Hopkins Medicine](https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know) | <https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know>