Cover Page The following is the nurse staffing plan for Columbia Basin Hospital, submitted to the Washington State Department of Health in accordance with Revised Code of Washington 70.41.420. This area intentionally left blank

Attestation Form

Nurse Staffing Committee

December 29, 2022

I, the undersigned with responsibility for Columbia Basin Hospital, attest that the attached staffing plan and matrix was developed in accordance with RCW 70.41.420 for year 2023 and includes all units covered under our hospital license under RCW 70.41. This plan was developed with consideration given to the following elements:

- Census, including total numbers of patients on the unit on each shift and activity such as patient discharges, admissions, and transfers;
- E Level of intensity of all patients and nature of the care to be delivered on each shift;
- Skill mix;
- Level of experience and specialty certification or training of nursing personnel providing care;
- In the need for specialized or intensive equipment;
- The architecture and geography of the patient care unit, including but not limited to placement of patient rooms, treatment areas, nursing stations, medication preparation areas, and equipment;
- Staffing guidelines adopted or published by national nursing professional associations, specialty nursing organizations, and other health professional organizations;
- Availability of other personnel supporting nursing services on the patient care unit; and
- Strategies to enable registered nurses to take meal and rest breaks as required by law or the terms of an applicable collective bargaining agreement, if any, between the hospital and a representative of the nursing staff.

This staffing plan was adopted by Columbia Basin Hospital on: December 29, _2022.

As approved by <u>Farshulla Laby</u>
Rosalinda Kibby, Administrator

Nurse Staffing Plan Purpose

This plan was developed for the management of scheduling and provision of daily staffing needs for the hospital, and to define a process that ensures the availability of qualified nursing staff to provide safe, reliable and effective care to our patients. This plan applies to all parts of the hospital licensed under RCW 70.41.

Nurse Staffing Plan Principles

- Access to high-quality nursing staff is critical to providing patients safe, reliable and effective care.
- The optimal staffing plan represents a partnership between nursing leadership and direct nursing care staff.
- Staffing is multifaceted and dynamic. The development of the plan must consider a wide range of variables.
- Data and measurable nurse sensitive indicators should help inform the staffing plan.

Nurse Staffing Plan Policy

- The nurse staffing committee is responsible for the development and oversight of the nurse staffing plan to ensure the availability of qualified nursing staff to provide safe, reliable and effective care to our patients.
- The committee's work is guided by its charter.
- The committee meets on a regular basis as determined by the committee's charter.
- The committee's work is informed by information and data from individual patient care units. Appropriate staffing levels for a patient care unit reflect an analysis of:
 - Individual and aggregate patient needs;
 - Staffing guidelines developed for specific specialty areas;
 - The skills and training of the nursing staff;
 - Resources and supports for nurses;
 - Anticipated absences and need for nursing staff to take meal and rest breaks;
 - o Hospital data and outcomes from relevant quality indicators; and
 - Hospital finances.
 - *The American Nurses Association does not recommend a specific staffing ratio, but rather to make care assignments based on acuity, patient needs and staff competencies.
- The analysis of the above information is aggregated into the hospital's nurse staffing plan. Each
 individual patient care unit may use the Nurse Staffing Committee Checklist to guide their work.
- Staff continuously monitor individual and aggregate patient care needs and make adjustments to staffing per agreed upon policy.

^{*}These principles correspond to *The American Nursing Association Principles of Safe Staffing.*

- The committee will perform a semiannual review of the staffing plan. If changes are made to the staffing plan throughout the calendar year, an updated staffing plan will be submitted to DOH.
- The hospital is committed to ensuing staff are able to take meal and rest breaks as required by law. The committee considers breaks and strategies to ensure breaks when developing the plan. Individual patient care units may have discretion in structuring breaks to meet specific needs while meeting the requirements of the law. Data regarding missed or interrupted breaks will be reviewed by the committee to help develop strategies to ensure nurses are able to take breaks.

Nurse Staffing Plan Scope

*Acute care hospitals licensed under <u>RCW 70.41</u> are required by law to develop a nurse staffing plan. The plan must cover areas of the hospital that: 1) are under the hospital's license (RCW 70.41) and 2) where a nurse(s) provides patient care (i.e., "patient care unit").

The following areas of the hospital are covered by the nurse staffing plan:

Emergency Department: Exhibit A
 Acute Care/Swing Patients: Exhibit B

Nurse Staffing Plan Critical Elements

The following represents critical elements about the nurse staffing plan:

- Patient Acuity
- Skills & Training of Nursing Staff
- Hospital Finances

The Nurse Staffing Plan serves as a guideline only.

Nurse Staffing Plan Matrices

Matrices are developed as a guide for shift-by-shift unit-based staffing decisions and are adjusted up or down based on patient factors and skill-mix of hospital staff.

See attached Exhibit A and Exhibit B.

Columbia Basin Hospital

200 Nat Washington Way Ephrata, WA 98823 509-754-4631

Day Shift Acute/Swing Matrix

7 days a week

	0700-1330				1330-1900			
Census	RN	LPN	CNA		RN	LPN	CNA	
0-6	1	0	1		1	0	1	
7-9	1	1	1		2	0	1	
7-9	2	0	1			U	1	
*10-12	1	1	2		2	0	2	
*10-12	2	0			2	U		
13-19	2	1	3		2	0	3	
20-25	3	1	3		3	0	3	

^{*}Will flex by a LN or 1 CNA based on acuity.

Matrices are developed as a guide for shift-by-shift unit-based staffing decisions and are adjusted up or down based on patient factors and skill-mix of hospital staff.

[❖] If Nursing Leadership is available M-F, will be extra help prn.

Columbia Basin Hospital

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Night Shift Acute/Swing Matrix

7 Days a Week:

	1900-0700*						
Census	RN	LPN	CNA				
0-6	1	0	1				
7-10	2	0	1				
11-17	2	0	2				
18-20	2	0	3				
21-25	3	0	3				

^{*0500-0700} additional dayshift RN/LPN in to assist with tasks as assigned.

- ❖ 2300-0700 2nd RN assists in ED prn, staffing will flex based on acuity.
- Acuity or volume needs can be addressed by contacting the Nursing Operations Manager.

Matrices are developed as a guide for shift-by-shift unit-based staffing decisions and are adjusted up or down based on patient factors and skill-mix of hospital staff.

Columbia Basin Hospital

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CBH ED Matrix

7 days per week

07-11		11	-2330	2330-07	
RN	CNA/HUC	RN	CNA/HUC	RN	CNA/HUC
1	1	2	1	1	1

Matrices are developed as a guide for shift-by-shift unit-based staffing decisions and are adjusted up or down based on patient factors and skill-mix of hospital staff.

^{**}If census is 3 or less of stable patients, 2nd RN should be floating to acute care to assist with RN duties.

^{**}As Nursing Leadership is available they will be extra help prn.

^{**}Emergency acuity or volume needs can be addressed by contacting the Nursing Operations Manager.