

# **Prevent avian influenza: keep yourself and your family safe with PPE**



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## **Safely remove PPE:**

1. Clean and disinfect boots
2. Remove boots
3. Remove and dispose of coveralls, avoid touching any skin or inner clothing as you go
4. Remove and dispose of gloves
5. Wash hands with soap and water
6. Remove goggles, head cover, and respirator/mask
7. Clean and disinfect goggles and respirator if reusable
8. Immediately wash hands with soap and water again
9. Remember that the outside of your PPE is contaminated; avoid touching your skin or inner clothing while wearing or removing PPE

If your flock or worksite tested positive for bird flu, or if you are awaiting results, wearing personal protective equipment (PPE) can help keep you and your family healthy.

1. Wear PPE when in contact with sick or dead poultry, their feces, or anything in their coop or when entering any structures where there are sick or dead poultry present.
2. Wash hands with soap and water after removing PPE.
3. Do not wear or store contaminated clothing or equipment in your home or away from your work site.
4. Contact your local public health department for additional guidance. You can call 206-418-5500 to ask for the contact information for your local health department.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).



DOH 420-487 June 2023