

Is this adult at risk for dental disease?

Ask these questions to see if this adult is at risk for tooth decay, periodontal (gum) disease, or oral cancer.

- Do you have any broken teeth or fillings?
- Do the roots of any of your teeth show?
- Do you have teeth that hurt when you drink hot, cold or sweet beverages?
- Do you drink sugar sweetened beverages between meals?
- Do you snack on sweet or starchy food between meals?
- Do you use non-fluoridated products on a regular basis?
- Do you smoke or use chewing tobacco?
- Do you have diabetes? If so, is your blood sugar level high?



- Do you take medications that cause dry mouth?
- Do you have dry mouth on a daily basis?
- Are you scheduled for chemo or radiation therapy?
- Do you have any special needs that limit your ability to brush and floss your teeth?
- Do you have a history of recreational drug use?
- Has it been more than two years since you visited a dental provider?

If the answer is “yes” to any of these questions, this adult may be at risk for dental disease. Refer the adult to a local dental provider.

To reprint cards visit:

www.doh.wa.gov/OralHealthPromotionCards



For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY 711).