

PENINSULA COMMUNITY HEALTH SERVICES PROFILE 2023

Peninsula Community Health Services receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Peninsula works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Kitsap and Mason Counties.

In 2023, Peninsula served 1,720 clients during 1,909 clinic visits, representing a 35% decrease in client load and a 46% decrease in clinic visits from 2022. An estimated 79% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

Peninsula Community Health Services served 1,720 clients in 2022

	2023		2022	
	Count	% of total	Count	% of total
Total	1,720	100%	2,641	100%
Male	441	26%	523	20%
Female	1,279	74%	2,118	80%
Females of reproductive age (15-44)	1,219	71%	2,023	77%
Hispanic	282	18%	392	16%
Non Hispanic:				
American Indian/Alaska Native	23	1%	33	1%
Asian	89	6%	124	5%
Black or African American	56	4%	116	5%
Native Hawaiian/Other Pacific Islanders	34	2%	73	3%
White	1,012	64%	1,627	67%
More than one race	84	5%	77	3%

Female Reproductive Age Clients by Contraception	2023		2022	
	Count	% of total	Count	% of total
No method	265	22%	353	17%
Combined hormonal methods	279	23%	487	24%
3-month hormonal injection	77	6%	144	7%
LARC	275	23%	534	26%
Barrier	130	11%	198	10%
Other methods	193	16%	307	15%

* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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930-140

Title: Washington State Sexual & Reproductive Health Network

Sexual & reproductive health services provided by Peninsula Community Health Services prevented an estimated* 200 unintended pregnancies and 70 abortions, and saved over \$1M in health care costs in 2023 alone

Peninsula’s sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency’s services prevented an estimated 200 unintended pregnancies, 100 unplanned births, and 70 abortions resulting in net savings of more than \$1 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by Peninsula sexual and reproductive health services, 2023

Unintended pregnancies	200
Unplanned births	100
Abortions	70
Miscarriages following unintended pregnancies prevented	40
Maternal & birth-related gross costs saved from contraceptive services	\$1,359,150
Miscarriage & ectopic pregnancy gross costs saved	\$43,180
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$2,600
Gross costs saved from Pap and HPV testing & vaccinations	\$2,430
Total gross savings	\$1,407,360
Total family planning costs	\$328,150
Total net savings	\$1,079,210

**Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*** Unable to report due to small numbers*

Data sources: (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 02/26/2024

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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