

Reminder Card - Get Tested and Vaccinated for Hepatitis B!



Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

___/___/___

2nd Dose Date:

___/___/___

3rd Dose Date:

___/___/___



DOH 420-437 October 2022

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Kadi ya Kikumbusho - Pokea Kipimo na Chanjo ya Homa ya Manjano B!



Jilinde na uwalinde wapendwa wako.

Homa ya Manjano B ni kirusi ambacho huathiri ini na kinaweza kusababisha ugonjwa wa ini, saratani, na hata kifo. Watu wengi ambao wameambukizwa huwa hawajui kuwa wana virusi hivyo.

Hakuna tiba, lakini chanjo hiyo ni salama na inaweza kulinda dhidi ya kuambukizwa homa ya manjano B. Ni lazima ukamilishe misururu miwili au mitatu ya chanjo ili kulindwa kamili.

Kujua mapema na kupata utunzaji kutoka kwa daktari ni muhimu ili kukusaidia kuishi sana na kuwa na maisha mazuri. Pata kupimwa na ukiwa katika hatari, pokea chanjo.



Jaza tarehe zako za chanjo ya homa ya manjano B:

Tarehe ya Dozi ya 1:

___/___/___

Tarehe ya Dozi ya 2:

___/___/___

Tarehe ya Dozi ya 3:

___/___/___



DOH 420-437 October 2022 Swahili

Ili kuomba hati hili katika muundo mwingine, piga simu kwa 1-800-525-0127. Kwa watu walio na ulemavu au matatizo ya kusikia, tafadhali piga simu kwa 711 (Washington Relay) au tuma barua pepe civil.rights@doh.wa.gov.